2018 Saskatchewan Al-Anon Adult Children Festival with A.A. Participation

SERENITY

2018: LOVING ME AS I AM

OCTOBER 12 & 13, 2018 Sandman Hotel, Suites & Spa – Regina, Sk

FRIDAY, OCTOBER 12, 2018 6:15 Registration & Fellowship

7:00 Welcome7:15 Kick-off Speaker

Jean H - Regina

8:15 Break

8:30 4 x 10 Minute Speakers

9:15 Break

9:30 Open Al-Anon Family Groups Meeting

SATURDAY, OCTOBER 13, 2018

9:00 Registration & Fellowship

9:30 Day 2 Welcome

9:45 Workshop: *Acceptance*

10:30 Break

10:45 Three Speaker Panel:

Loving Me As I Am

(AA, Al-Anon & Al-Anon Adult Children)

11:30 Lunch Break

1:00 Workshop: Laughter Yoga

1:45 Break

2:00 AA Speaker - Bob O., Moose Jaw

3:00 Open AA Meeting

Open Al-Anon Family Groups Meeting

4:00 Break

5:30 Doors Open

5:45 Banquet

7:00 Keynote Speaker - Sharon H., P.A.

8:00 Closing Remarks

8:15 Break

8:30 Coffee House Variety Show

REGISTRATION FEES:

Full Registration – With Banquet \$60 Full Registration – Without Banquet \$25 Alateen (Without Banquet) Free **Banquet Tickets will not be available at the door**

Full Registration (Including Banquet) Deadline: Friday, October 5, 2018

Payment available by cash, cheque or e-transfer

FOR REGISTRATION & BANQUET TICKETS CALL:

Linda B: (306) 537-7762 (Registrar)

FOR GENERAL INFORMATION CALL:

Brad N: (306) 570-9203 or Shelley Mc: (306) 550-4220

Email: info@journey2serenity.net **Web:** www.journey2serenity.net

Google: "adult children festival" or "al-anon festival"

REGISTER EARLY! ONLY 100 FULL REGISTRATIONS AVAILABLE

The Festival welcomes all members of Al-Anon, Alateen, AA or anyone with an interest in Twelve Step recovery

